



## **2021/2022 - FEMALE DRESSCODE & CLASS MAKEUP GUIDE**

### **Creative Dance:**

- Pink Leotard (Attached skirts allowed)
- Pink tights (Color to match Ballet Slippers)
- Hair must be up in a Ponytail
- Hair bows and hair decorations are highly encouraged
- Regular Full Sole or Split-Sole pink Ballet slippers
- Black Mary Jane Style Tap shoes

**“Class Makeups” should be made up in another Creative Dance Class during the current Term**

### **Discovering Dance:**

- Pink Leotard (No attached skirts allowed)
- Pink tights (Color to match Ballet Slippers)
- Hair must be up in a Tight Ponytail
- Hair bows and hair decorations are highly encouraged
- Pink Canvas Ballet slippers (Full Sole or Split-Sole) (Split-Sole preferred)
- Tap Shoes for Ballet/Tap class (not needed for Ballet/Jazz)

**“Class Makeups” should be made in a Discovering Dance or Creative Dance class**

### **Ballet I:**

Pink Leotard (No attached skirts)

Pink tights (Color to match Ballet Slippers)

Hair up in a High Tight Ponytail

Hair bows and Hair decorations are highly encouraged

Pink Canvas Ballet Slippers (Split-Sole Ballet Slippers are Preferred)

**“Class Makeups” should be made up in a Ballet I Class or a Discovering Dance Class**

## **Ballet II:**

Pink Leotard (No attached skirts)

White Belt (You may purchase it at the Front Desk for \$8)

*Note: This belt helps Instructors to see Hip alignment clearly!*

- Pink tights (To match Ballet slippers)
- Hair up in a regular Medium/High Bun or an attractive style of Bun
- Hair bows and hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet slippers are required

**“Class Makeups” should be made up in a Ballet II or Ballet I Class**

## **Ballet III:**

- Black Leotard
- White Belt (You may purchase at the Front Desk for \$8.00) –  
*This belt helps Instructors to see Hip alignment clearly!*
- Pink Tights (To match Ballet Slippers)
- No Shorts or skirts in class (Talk to your Instructor if it is a time where shorts are needed)
- Hair in an attractive Medium-High Bun
- Hair bows, scrunchies, and other hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet Slippers are required

- **If you have started Pointe work (Pointe I), your pointe shoes must be approved by your Instructors before ribbons and elastics are sewn onto your pointe shoes!**
- **“Pre-Pointe” studies in Ballet slippers are highly encouraged for building strength in feet and core muscles before pointe work studies begin.**

**“Class Makeups” should be made up in a Ballet III or Ballet II Class**

## **Ballet IV & Ballet V:**

- Black Leotards (No Leotards that ride up in the back or too low in the front)
- White Belt
- No shorts (Inform your instructor if it is a time that shorts are needed)
- Small shorter skirts are allowed
- Pink tights (To match Ballet Slippers)
- Hair in an attractive Medium-High bun
- Hair bows, scrunchies, and other hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet Slippers are required that match tights

**“Class Makeups” to be made up in a Ballet IV or Ballet III Class... speak to Instructor for guidance**

### **Adult Ballet Classes:**

- Leotard (any color) & Pink Tights
- Option to above: Leggings, Athletic wear
- Split-soled Pink Canvas Ballet Slippers or Leather Ballet Slippers required

### **ALL BALLET CLASSES – ADDITIONAL RULES**

- In Winter: Small Dance Sweaters are allowed (Leg Warmers/Body Warmers must be removed after Pliés!)
- Students must wear the Leotard color of their current level and a white belt to ALL Ballet classes (except Creative Dance, Pre-Ballet, and Ballet I)
- No Jewelry (except small earrings)
- No black tights
- Pink Ballet slippers must have elastics sewn onto the shoes
- Dancers not adhering to the Academy Dress Code will be sent out of class to change & or a letter of Non-Compliance will be sent home to the Parents/Guardians.

### **JAZZ/CONTEMPORARY, MODERN, TAP, HIP HOP, MUSICAL THEATRE**

- Solid color Leotard or Tight-Fitting T-Shirt, any color
- Sports Bras may be worn **IF** Dancer is appropriately covered
- Tights, Jazz/Yoga Pants, or Dance Shorts - any color
- NOTE: No Jeans are to be worn to class!

### **SHOES:**

- **Jazz** – Black Jazz Shoes, Ballet Shoes, Bare Feet or Paws
- **Tap** – **Older Students:** Black Oxford Style
- **Hip-Hop** – Jazz Sneakers or Jazz Shoes
  - **(absolutely no outside shoes - have a dedicated pair for dance. We cannot have dirty shoes on our Marley floors)**
- **Modern** – Dance Paws or Bare Feet or Ballet Shoes (Split Sole)
- **Musical Theatre** - Jazz Shoes

### **HAIR for all dance disciplines:**

**Hair must be pulled back** in a ponytail, away from the face and secured

### **NOTE: Dancers Must Be Appropriately Covered**

## **MAKE UP CLASSES:**

Please consult your Teacher or the Front Desk for Appropriate Make Up Class(es) for your Level

### **Recommended websites for ordering appropriate dancewear for your dancer**

- Allegro Dance Boutique: <https://allegrodanceboutique.com/> for attire and pointe shoe fittings
- Discount Dance: <https://www.discountdance.com/>
- Wear Moi: <https://wearmoi.us/en/>
  - 15% discount @ the Chicago Flagship store by mentioning you are a student at The Academy of Dance Arts or order online using discount code - AODA2020S2 (this code is valid through July 31st, 2022)

**Any Questions??? Please speak to the Front Desk for help or clarification**