



2022/2023 - FEMALE DRESS CODE & CLASS MAKEUP GUIDE

Creative Dance:

- Pink Leotard (Attached skirts allowed)
- Pink tights (Color to match Ballet Slippers)
- Hair must be up in a Ponytail
- Hair bows and hair decorations are highly encouraged
- Regular Full Sole or Split-Sole pink Ballet slippers
- Black Mary Jane Style Tap shoes

“Class Makeups” should be made up in another Creative Dance Class during the current Term

Discovering Dance:

- Pink Leotard (No attached skirts allowed)
- Pink tights (Color to match Ballet Slippers)
- Hair must be up in a Tight Ponytail
- Hair bows and hair decorations are highly encouraged
- Pink Canvas Ballet slippers (Full Sole or Split-Sole) (Split-Sole preferred)
- Tap Shoes for Ballet/Tap class (not needed for Ballet/Jazz)

“Class Makeups” should be made in a Discovering Dance or Creative Dance class

Ballet I:

Pink Leotard (No attached skirts)

Pink tights (Color to match Ballet Slippers)

Hair up in a High Tight Ponytail

Hair bows and Hair decorations are highly encouraged

Pink Canvas Ballet Slippers (Split-Sole Ballet Slippers are Preferred)

“Class Makeups” should be made up in a Ballet I Class or a Discovering Dance Class

Ballet II:

Pink Leotard (No attached skirts)

White Belt (You may purchase it at the Front Desk for \$12.00)

Note: This belt helps Instructors to see Hip alignment clearly!

- Pink tights (To match Ballet slippers)
- Hair up in a regular Medium/High Bun or an attractive style of Bun
- Hair bows and hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet slippers are required
- NO Skirts are allowed in level II ballet classes

“Class Makeups” should be made up in a Ballet II or Ballet I Class

Ballet III:

- Black Leotard
- White Belt (You may purchase at the Front Desk for \$12.00) –
This belt helps Instructors to see Hip alignment clearly!
- Pink Tights (To match Ballet Slippers). **Tights must be worn under your leotard.** not over your leotard.
- Small shorter black skirts are allowed for Ballet III and above
- No Shorts (Talk to your Instructor if it is a time when shorts or skirts are needed)
- Hair in an attractive Medium-High Bun
- Hair bows, scrunchies, and other hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet Slippers are required
- **If you have started Pointe work (Pointe I), your pointe shoes must be approved by your Instructors before ribbons and elastics are sewn onto your pointe shoes!**
- **“Pre-Pointe” studies in Ballet slippers are highly encouraged for building strength in feet and core muscles before pointe work studies begin.**

“Class Makeups” should be made up in a Ballet III or Ballet II Class

Ballet IV & Ballet V:

- Black Leotards (No Leotards that ride up in the back or too low in the front)
- White Belt
- No shorts (Inform your instructor if it is a time that shorts are needed)
- Small shorter skirts are allowed
- Pink tights (To match Ballet Slippers). **Tights must be worn under your leotard.**
- Hair in an attractive Medium-High bun
- Hair bows, scrunchies, and other hair decorations are highly encouraged
- Split-soled Pink Canvas Ballet Slippers are required that match tights

“Class Makeups” to be made up in a Ballet IV or Ballet III Class... speak to Instructor for guidance

Adult Ballet Classes:

- Leotard (any color) & Pink Tights
- Option to above: Leggings, Athletic wear
- Split-soled Pink Canvas Ballet Slippers or Leather Ballet Slippers required

ALL BALLET CLASSES – ADDITIONAL RULES

- In Winter: Small Dance Sweaters are allowed (Leg Warmers/Body Warmers must be removed after Pliés!)
- **Students must wear the Leotard color of their current level and a white belt to ALL Ballet classes** (except Creative Dance, Pre-Ballet, and Ballet I)
- No Jewelry (except small earrings)
- No black tights
- Pink Ballet slippers must have elastics sewn onto the shoes
- Dancers not adhering to the Academy Dress Code will be sent out of class to change & or a letter of Non-Compliance will be sent home to the Parents/Guardians.

JAZZ/CONTEMPORARY, MODERN, TAP, HIP HOP, MUSICAL THEATRE

- Solid color Leotard or Tight-Fitting T-Shirt, any color
- Sports Bras may be worn **IF** Dancer is appropriately covered
- Tights, Jazz/Yoga Pants, or Dance Shorts - any color
- NOTE: No Jeans are to be worn to class!

SHOES:

- **Jazz** – Black Jazz Shoes, Ballet Shoes, Bare Feet or Paws
- **Tap – Older Students:** Black Oxford Style
- **Hip-Hop** – Jazz Sneakers or Jazz Shoes
 - **(absolutely no outside shoes - have a dedicated pair for dance. Dirty shoes damage our Marley floors)**
- **Modern** – Dance Paws or Bare Feet or Ballet Shoes (Split Sole)
- **Musical Theatre** - Jazz Shoes

HAIR for all dance disciplines:

Hair must be pulled back in a ponytail, away from the face and secured

NOTE: Dancers Must Be Appropriately Covered

Please consult your Teacher or the Front Desk for Appropriate Make Up Class(es) for your Level

Recommended websites for ordering appropriate dancewear for your dancer

- Allegro Dance Boutique: <https://allegrodanceboutique.com/> for attire and pointe shoe fittings
- Discount Dance: <https://www.discountdance.com/>
- Wear Moi: <https://wearmoi.us/en/>
 - 15% discount @ the Chicago Flagship store by mentioning you are a student at The Academy of Dance Arts. Ask the front desk for our studio code when placing orders online.

Any Questions??? Please speak to the Front Desk for help or clarification